



You can now refer yourself to  
**NHS Physiotherapy at St  
Leonards Hospital** without visiting  
**your GP first.**

If you are registered at a **DORSET GP** practice and over 16 years of age you can pick up a Self-Referral Form:

- Reception at your GP practice or St Leonards Hospital.
- [www.dorsethealthcare.nhs.uk/patients-and-visitors/our-services-hospitals/physical-health/outpatient-physiotherapy-service](http://www.dorsethealthcare.nhs.uk/patients-and-visitors/our-services-hospitals/physical-health/outpatient-physiotherapy-service)