

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Living with or beyond cancer?



Living Well Discovery Day

INVITATION

Wednesday 29th June: 9.00am to 3.30pm

Bournemouth University

What's waiting for you...

- A warm welcome
- Free parking, lunch & refreshments
- 30+ support/activity organisations who want to help you live well
- Discovery talks by expert speakers
- Signposting and advice to help you on your way to enjoy better health, fitness and senses of wellbeing
- Free 'Living Well Giveaways'



For more information or to book your FREE place, please contact Living Well Active on 01202 426588 or support@livingwellactive.org

Find out more at www.livingwellactive.org

In association with:

